

Brothers and Sisters

Scripture:

“As for me and my family, we will serve the Lord.” Joshua 24:15

Bible Story:

Miriam watches over baby Moses, Exodus 2:1-10

Goal:

Learn that God planned for brothers and sisters to help each other follow God's ways.

As children arrive, check off their names on the attendance sheet. Children play until it's time to gather in the circle.

Play **Clean up song** and move to Circle Time.

Circle Time

Sing Welcome Song:

Greet each child individually

I'm a little Sunbeam, Sunbeam, Sunbeam

I'm a little Sunbeam, who are you? [say child's name...we're so glad to see you..." child's name"]

[continue around the circle for each child]

Sunbeam Lesson – January 22, 2023

Bible Story:

This time includes praying together!

Materials needed: a Bible, a basket, a baby doll that will fit in the basket, a blue sheet

Bible Story:

Do: If you use My Thank-You Bible, play the story “Taking care of Baby” while showing the pictures from the book. **Look! This is the Bible! The Bible tells about God’s ways. The Bible tells about a sister who helped her baby brother. The baby brother’s name was Moses.** Show the baby doll. **The baby’s mommy made him a special bed.** Put the doll into the basket. **It was a basket bed. It could float on the water.** Lay out the sheet to represent water. Hold the basket and make it gently bob up and down close to the sheet. **The water rocked the basket. Back and forth the basket went, rocking the baby. The baby’s sister watched the basket to keep baby Moses safe.** Put one hand over your eyes as if watching from a distance. Encourage the children to copy you.

Say:

**Watching, watching, watching the baby,
Baby, baby, baby in the basket.
Watching, watching, watching the baby,
Keeping the baby safe.**

Say: **A princess came to the water and saw the baby in the basket. She said, “it’s a baby just for me!”** The sister came running. **“Shall I find a helper to take care of the baby for you? She asked. “Yes! Said the princess. So the sister went and got the baby’s own mommy to come and take care of him. The sister helped keep her baby brother safe.** Say: **God made sisters and brothers to help each other. Helping is God’s way.**

Prayer

Ask the children to fold their hands and pray the words after you:

Dear God, Thank you for brothers and sisters. Amen.

CRAFT Activity

Materials needed for the Craft Activity for the First Service:

- Playdough!

Materials needed for the Craft Activity for the Second Service:

- A copy of the baby Moses picture for each child
- Dot paints
- Pieces of straw/confetti for gluing on the basket
- Pieces of blue tissue paper for gluing on as the blanket covering Moses

First Service Craft Activity:

- Enjoy making “baskets” with the playdough and talking about how Miriam [Moses’ sister] helped care for baby Moses. Talk about different ways we can help each other in our families. If children have siblings, talk about helping each other.

Second Service Craft Activity:

- Give each child a copy of the baby Moses picture for each child
- Let them use dot paints to “paint” the water under the basket
- Glue on little pieces of straw or confetti for the basket
- If they are into the gluing project they can glue on blue tissue paper [blanket covering baby Moses]

Sunbeam Lesson – January 22, 2023

Circle Time

Encourage the children to copy you as you lead them in the following action rhymes.

My Family Walks (to the tune of “Here We Go’ Round the Mulberry Bush” Track #88)

This is the way my daddy walks, (Walk with big heavy steps.)
My daddy walks, my daddy walks,
This is the way my daddy walks,
All day long.

For other verses:

This is the way my mommy walks, (medium steps)
This is the way my sister walks, (skip)
This is the way my brother walks, (march)
This is the way the baby walks (small, toddling steps)

Brothers and Sisters

Ask the children to hold their fingers up and pretend that each finger is a brother or sister.

Brothers and sisters in a family. (wiggle all fingers)
I help you, (wiggle fingers on right hand)
And you help me. (wiggle fingers on left hand)
Then we’ll play together (clasp both hands together)
You and me! (raise clasped hands above head)

In Our Family (to the tune of “Are You Sleeping?”)

Do hand motions to represent the ob you are singing about.

In our family, in our family,
We all help, we all help,
We help wash the dishes,
We help wash the dishes.
We all help, We all help.

Other verses: **We help pick up toys, We help take the trash out.**
We help wash the car, We help clean the windows.

Discuss: Say: God made sisters and brothers to help each other. Helping is God’s way.

Snack/Reading Time

Materials needed: books

While children are enjoying their snack, here's a few book options you can read to the children if you'd like.

The Spark Story Bible, page 67 story of baby Moses
Read Aloud Bible Stories volume 4, "The baby in the basket"

Extra Options

Materials needed: one jump rope

Counting Action Rhyme

Ask the children to join you in this counting action rhyme.

How many, how many

Can there be?

How many brothers in a family?

Ask a child to name a number. Then encourage everyone to hold up their fingers and count that many fingers. Then ask everyone to stand up and jump that number of times, counting the jumps aloud. Then ask everyone to take that number of big marching steps, counting the steps aloud. Then ask everyone to take that number of tiptoes, counting the tiptoes aloud.

Now sit back down, and say the rhyme again, asking this time, how many sisters in a family? Ask a child to name a number. Then start over again counting to that number of fingers, counting jumps, counting march stops, and counting tiptoes.

Discuss: Say: **God made sisters and brothers to help each other. Helping is God's way. How can you help your brothers and sisters? How do they help you?**

The Game Bin: Jump over brothers

Do: Lay a jump rope across the floor. Ask: **Are brothers' boys or girls?** Ask all the boys to stand up and all the girls to sit down. Now ask the boys to jump over the rope one at a time, then sit down on the other side (far enough away from the rope so the girls have room to jump). Ask: **Are sisters' boys or girls?** Ask all the girls to stand up and jump over the rope one at a time, then sit down. Now get a helper or two and ask them to raise the rope off the floor about an inch. Say, **Jump over brothers.** Help all the boys jump over it. Say, **Jump over sisters.** Help all the girls jump over it. Keep raising the rope a few times, keeping it low so the children can jump over. Then hold the rope about two feet off the floor and say, **Crawl under, brothers.** Then, **Crawl under sisters.** Keep lowering the rope a few more times.

Discuss: Ask: **Are brothers' boys or girls? Are sisters' boys or girls? God made sisters and brothers to help each other. Helping is God's way.**

- Children may play, or you may use optional activities if they are listed in your lesson plan.
- When parents pick up children, check to make sure that the number on the child's sticker matches the number on the parent's sticker. Remind children to take home their activity from their bin and take-home paper for parents (and any bags they brought).
- Shepherds for the second hour arrive OR end of second service, wipe down tables/stack chairs 5 high