

Group Discussion Guide

PRINTER FRIENDLY VERSION

***Jesus: Life Reimagined* Sermon Series “Divine Anger Management” by Pastor Tony** Choose the best question(s) for your group

April 14, 2019

Questions: Contact Pastor Ric, joline@lefc.net

Below are some discussion questions relating to a recent sermon. These are provided so that your Life Group can discuss what was shared. Previous Weeks' Discussion Guides and Sermon Notes are available through the [Sermons under the Resources menu](#). Click on the sermon series and then the sermon you are interested in. You will see a paper icon under the sermon title. Click the icon to open the sermon notes. To listen to the sermon, click on the speaker icon.

Texts: Luke 19:45-48; Matthew 21:12-16; Mark 11:11-18

Ephesians 4:26 “In your anger do not sin. Do not let the sun go down on your anger.”

Proverbs 27:4 “Anger is cruel and fury overwhelming...”

Proverbs 29:11 “A fool gives full vent to their [anger] rage...”

Galatians 5:19-21 the fruit of the flesh is “hatred, discord, jealousy, fits of rage, dissension, and factions.”

Nahum 1:3 “The Lord is slow to anger and great in power.”

Choose the best question(s) for your group

1. What about Pastor Tony's teaching on anger caused you to reflect on your personal struggles with anger?
2. Explain how/why anger is acceptable for a Christ-follower but when it crosses a “biblical line” becomes unacceptable to God. When does that happen for you?
3. What role does self-control play in expressions of anger? How should we exercise self-control in heated situations?
4. Would people in your *Oikos* say you are quick to respond in anger? (James 1:19) Why would our *listening skills* help us with anger?
5. Why is it so helpful to resolve anger in a timely fashion? What are the steps to healthy anger resolution?
6. What triggers your anger? How could Life Groups help us with our triggers?