

SUNDAY'S SERMON // SUNDAY, JANUARY 23 EPHESIANS 4:30-32 // RELATIONALLY WHOLE

DISCUSSION QUESTIONS:

Use these questions in your community (family, life group, ABF, etc.) to apply this sermon in your life.

- 1. Who is the Holy Spirit? Would you say that you have a good understanding of the Holy Spirit and the role that he plays in your life?
- 2. Read Ephesians 4:22-32, focusing on verses 30-32. What are the things we do that grieve the Spirit? Do you see a common theme among this list of grievances?
- 3. Verses 31 and 32 have direct contrasts. Verse 31 lists bitterness, rage, anger, brawling, slander, malice, and relationship breakers that grieve the Spirit. Verse 32 encourages us to pursue kindness, compassion, and forgiveness instead. Spend some personal time reflecting on the questions Pastor Tony left us with.
 - a. Am I grieving the Spirit of God in me by the way I am currently treating people around me?
 - b. How am I doing in showing kindness, compassion, and offering forgiveness towards other—especially with those who are most difficult to love?
 - c. Is there someone I have malice in my heart towards that I need to reconcile with?
- 4. Are you willing to share your personal reflections with the group for accountability? Spend time encouraging each other and praying for each other as areas of growth and needed relational reconciliation have been identified.

NEXT SUNDAY // SUNDAY, JANUARY 30 EPHESIANS 5:1-5

SCRIPTURE: READING ABOUT GOD

Take time to read and become familiar with this passage before hearing it preached next Sunday.

- What words were used/repeated/emphasized in this passage?
- Where else in Scripture are these words described/illustrated?
- How does this passage describe God?
- In your own words, summarize this passage, trying to identify the main theme.

PRAYER: COMMUNICATING WITH GOD

Allow your responses to these questions to affect your prayers this week for ...

- Yourself
- The Church
- Your Oikos