

LG DISCUSSION LIFEGROUPS GUIDE

Use these questions in your Life Group gatherings or for further discussion as a family.

SAVED FROM THE GRIP OF ADDICTION | May 22, 2022

SERMON RECAP | 1 Corinthians 10:12-14

Addiction is idolatry. Idolatry is the worship, pursuit of, or valuing of anything over God himself. Idolatry blocks our view of Christ. But we have a God who is a rescuer!

THE LEAD IN

- The average adult spends 7 hours and 4 minutes per day on their phone and picks their phone up 344 times per day. Are you willing to look up your personal statistics and share them with the group?

GETTING INTO THE TEXT

- Read 1 Corinthians 10:12-14 and Colossians 3:1-5. What do these verses say about idolatry and temptation? Where instead should our focus be? What is our way out from temptation?
- Read Psalm 31. How might these verses be a source of comfort to someone caught in addiction?

GOING DEEPER

- We are all susceptible to temptation and ultimately addiction. If you're willing to be vulnerable, what are the things that cause you to stumble that you need accountability, prayer and support to face?
- How have you experienced God as a rescuer in your life?

PRAYER

- Pray for each other as we each battle temptation every day. Pray that we don't allow everyday things or sin to become idols and block our view of Christ.