

LG DISCUSSION LIFEGROUPS GUIDE

Use these questions in your Life Group gatherings or for further discussion as a family.

DO NOT COMMIT ADULTERY | JULY 31, 2022

SERMON RECAP | Matthew 5:27-30

Adultery is a sin against God, your spouse, and your family. Sexuality is profoundly broken in this world; the hope of the gospel is the renewal of all things.

THE LEAD IN

- Sex is everywhere in our culture. Scripture tells us to “flee from sexual immorality.” How is that possible? What can we practically do to flee from it when it is everywhere around us?

GETTING INTO THE TEXT

- Our commandment today is “You shall not commit adultery.” Read Matthew 5:27-30. How does Jesus deepen this commandment? Why do you think Jesus expanded the definition of adultery?
- Read Proverbs 6:20-7:27. Why is such a long section of Proverbs dedicated to adultery? What imagery is used in this warning?

GOING DEEPER

- What are God’s purposes for sex? Why is adultery such a big deal then? Who is harmed in the process when adultery happens?
- Let’s get real. Are there areas of sexual temptation or sin in your life? Discuss how you can support and hold each other accountable together and before the Lord. (*In a Life Group setting, this question should be discussed in gender-specific groups.*)

PRAYER

- Pray for each other in the battle against sexual sin. Pray that your view of God would outshine temptation. Pray for freedom and healing for those in sexual sin or for those who have been harmed by it.